

Isabella Bendick

Application Essay

February 6th, 2025

St. Vincent's Hospital Youth Award

While at Maria Regina High School I have served 64 hours dedicated to serving others and furthering my education through community service. My service has shown respect and compassion for myself and those who I serve around me. I'm committed to helping my community and respect the dignity of human life which is the mission of St Joseph's Medical Center. Human life is precious and is something that should be treasured because every human is born with it in them. Human life is sacred and should always be respected so helping the community is one way we can show compassion and respect human dignity. The works of service that I have earned while at Maria Regina High School include serving the children at Elizabeth Seton Children's Hospital, helping with the annual polar plunge, and helping out with monthly food pantry visits. Through these acts of service I have received information that can help me in my day to day life. The best service experience I have had is when I went to Elizabeth Seton Children's Hospital and helped with their Christmas party. The joy on kids faces to see their family coming to spend some time with them during the holidays but to also have someone to talk to if their family couldn't come. Serving at Elizabeth Seton Children's hospital is a humbling experience because most of these kids can't come home and don't always have family with them. Interacting with these kids allows them to build their vocabulary while also allowing them social interaction with a new friend even if it is just one time. Another humbling service experience was volunteering at St Denis-St Peter food pantry. Two days before thanksgiving a few students went to St Denis-St Peter food pantry to sort food for over 200 families to eat on thanksgiving day. This was humbling to see how many families needed food and the next day a different group of students went to hand out the food for people to eat. Hundreds of families lined up to get the food to feed their family. My service at Maria Regina has made me the amazing person I have become and has shown my respect and compassion to myself and others.